

APPENDIX 2. PRAYER STATEMENTS

Youcat (Ignatius Press) 2011, Part 4

“The desire to pray is already a prayer.” Georges Bernanos

“Praying means listening more than speaking.” Carlo Carretto

“For me, prayer is a surge of the heart; it is a simple look turned toward heaven, it is a cry of recognition and of love, embracing both trial and joy.” St Therese of Lisieux

“Praying does not mean listening to yourself speak; praying means calming down and being still and waiting until you hear God.” Soren Kierkegaard

“To pray means to think lovingly about Jesus. Prayer is the soul’s attention that is concentrated on Jesus.” Blessed Charles de Foucauld

“Prayer in my opinion is nothing else than a close sharing between friends; it means taking time frequently to be alone with him who we know loves us.” St Teresa of Avila

“Our dear God loves to be bothered.” St John Vianney

“For what is past - thanks! For what is to come - yes!” Dag Hammarskjold

“Prayer does not change God but it changes the person who prays.” Soren Kierkegaard

“My secret is quite simple: I pray ... For me, praying means being one with the will of Jesus twenty-four hours a day, living for him, through him, and with him.” St Teresa of Calcutta

“If you are seeking God but do not know how you should begin, learn to pray and make the effort to pray every day.” St Teresa of Calcutta

“Prayer remains, in its infinite variations, a passageway to a life that does not come from ourselves but from somewhere else.” Brother Roger Schutz

“Welcome thoughts that raise your heart to God. Open wide the window of your soul.” St Ignatius Loyola

“All difficulties in prayer have just one cause: praying as though God were not there.” St Teresa of Avila

“There is no wrong way to pray.” Richard Rohr