

CEPD Life Relationships Script

Slide number	Script
<p>Note: Schools are encouraged to prepare an Acknowledgement of Country and Prayer to begin the session.</p>	
1	Welcome and acknowledgment of time taken out of daily life to attend.
2	Introductory activity. Share with the person you came with the best thing about your day today.
3	Life Relationships is interwoven. Thank you for taking this opportunity to share in the journey of this learning with your family. Learning in this area in the Sandhurst Diocese is completed as part of our Religious Education Program through the Source of Life Curriculum, as well as part of the Victorian Curriculum, particularly in the Health and Physical Education learning area.
4	Family This night will not give you all the answers about relationships but aims to lead you to develop your knowledge and skills as part of your family within the framework we are giving you. This evening we will cover 3 main areas: Family, Adolescence and Reproduction. Sometimes throughout the evening, we will use videos from experts and one on one chats - as we did in the introductory activity.
5	Read quote - living in relationships. Aspects of interconnectedness, love and dignity.
6	Video from Rosalie Pattenden - Psychologist
7	One-on-one - what are some of the qualities or characteristics that are important in relationships?
8	Important ingredients ... Keeping relationships going - I wonder how many of these came up in your discussion? Read through ingredients listed in the blue circle
9	Relationships happen in context with the wider world. Some of these include ... Read contexts from the yellow circle

10	The strength of the 'ingredients for keeping relationships going' can help us cope when our 'wider world' becomes challenging. With these ingredients, we have more chance of becoming ...
11	... The best of ourselves. Read traits from the green box.
12	Maintaining the important ingredients for keeping relationships going means that when aspects of the wider world - family, friends, school, work, sport or leisure - are challenging, we can maintain the best of ourselves.
13	Relationships and families are all unique and diverse. Every family has its own story.
14	Images of family.
15	One - on - one Adults I'd like to give you some time now to share with your young person a memory of when they were born and became part of your family.
16	Our next focus is on adolescence as the next stage of life for our young people present this evening. Throughout life's cycle we pass through many stages of development. There are different stages of our development as humans and with each comes many changes. Read through the 6 different stages of development.
17	Images of adolescence.
18	Adolescence is a time of ... What do each of the words in the circle mean? Share with the person you came with this evening. Share as a whole group.
19	Video - Adolescence Rosalie Pattenden.
20	Adolescence and Puberty - is there a difference between adolescence and puberty?
21	Adolescence – read.
22	Adults share their memories/experiences of puberty.
23	Adolescence clip - Dr Neil Cameron.
24	What happens to your body? Each of us develop in very individual ways, at different times, and we must remember to respect that not everyone will go through these changes in the same way or at the same time. Each section shows up individually - read each

25	Quote - See saw of emotions.
26	Slide with animation. Sometimes you are feeling ... Other times you can feel ...
27	Adolescence is a time of rapid physical and emotional change. I'm going to give you a few minutes to have a chat with the person you came with this evening about the challenges during puberty and adolescence.
28	The third topic that we are discussing tonight is Reproduction.
29	Systems of the body.
30	The body is a brilliant machine that has many systems. These systems work independently but operate together in one amazing system. Read each name.
31	Circulatory system.
32	Skeletal system.
33	Muscular system.
34	Respiratory system.
35	Digestive system.
36	Excretory system.
37	Nervous system.
38	Skin system.
39	Endocrine system. Reproductive system.
40	Reproduction – read quote.
41	Images of the two systems.
42	The male genitals and reproductive system are one and the same - whether they are external or internal. Have a chat with the person you came here this evening with about the different parts of the male reproductive system.
43	Names - state the different names.

44	Wet dreams. Voice clip will play.
45	One on one questions regarding the male reproductive system. Who else can we ask if we have further questions or need help?
46	The male reproductive system and genitals are one and the same. The female reproductive system is internal. The female genitals are external.
47	Have a chat with the person you came here this evening with about the different parts of the female reproductive system.
48	Names - state the different names.
49	External female genitals - state the different names.
50	Menstruation - voice clip will play.
51	One on one questions regarding the female reproductive system. Who else can we ask if we have further questions or need help?
52	How does the man's sperm get inside the woman - voice clip.
53	Embryo fertilisation – animation clip.
54	Reproduction. What makes us ready to have a sexual relationship?
55	The Catholic Church teaches that a sexual relationship and babies happen within the context of marriage. This is the 'ideal'. As part of being church we acknowledge that it doesn't always happen this way. But it is the ideal that a married loving relationship is the best context in which to raise children and reflect God's love for us and his children.
56	Reproduction Read This marks the beginning of ... New life.
57	Baby clip.
58	Baby images.
59	Relationships Read quote.
60	Closing activity - tell the person you came with this evening your favourite quality of theirs.
61	Diocesan imperative – read John 10:10.

