



Getting **REAL** on the topics of sex, relationships & personal identity

Based on Christian values and using personal sharing from a team of dynamic presenters, **Real Talk** provides seminars, reflection days & up-to-date resources. **Real Talk** believes that all young people should know their true value, worth and dignity and experience love for all it was created to be.

Real Talk seeks to:

- ◆ engage
- ◆ educate
- ◆ evangelise
- ◆ equip
- ◆ empower

Real Talk provides values-based presentations and interactive learning that impacts students':

- ◆ self worth
- ◆ beliefs
- ◆ behaviours



“If you are looking for
great presenters...

look no further”

“We had students say to us that it was the most impacting part of our Pastoral Care program. We also saw the changes it brought not just in individual students, but to the culture of the group.”

Tim Bowles

*Chaplain/Head of Religious and Values Education
Moama Anglican Grammar School*

“Our students were led gently, by these wonderful presenters, through what can be a difficult and sometimes affronting issue for our young people . . . If you are looking for good presenters . . . look no further. I definitely will be booking Real Talk again . . . WOW! What a find!!”

Nancy Rodgers

APRE Trinity College

The Real Talk Team

Real Talk is made up of a team of experienced presenters who are passionate about the real issues affecting young people.



Paul Nannes
Managing Director

Paul is the Co-founder and Managing Director of Real Talk International. He uses his powerful life story and fifteen years ministry experience to present the life-changing Real Talk message. Paul was awarded "Professional Leader of the Year" in 2014. He has a Bachelor of Physiotherapy and postgraduate qualifications in Sexual Health and Theology. Paul is married to Emma and has three beautiful children.



Kym Keady
Co-founder

Kym is the Co-founder of Real Talk International. As a Counsellor, youth worker, author and inspirational speaker, Kym draws on twenty-five years experience helping young people realise their potential and worth. Kym is married to Patrick and a mother to three teenage children. Despite her achievements and passion for ministry, Kym's heart is most at home with her children, the three people she knows she will profoundly affect like no other audience she will ever have the honour of speaking to.

The Real Talk Team



Seminars



Real Talk: Love and Life

'Love & Life' seminars and reflection days seek to impact students on the topics surrounding relationships and identity. Using dynamic sharing as well as multimedia, interactive learning and group discussions, these sessions focus on love, sex and relationships.

Explores such areas as:

- ◆ Self worth
- ◆ Making good choices
- ◆ The significance of sexual intimacy and the language of the body
- ◆ Respect and inclusiveness of sexual diversity
- ◆ Being critical consumers of unhealthy media messages
- ◆ The possible repercussions of poor sexual choices
- ◆ The biblical view of sex and marriage

Your students will learn that by living with sexual integrity a person can achieve their full potential and build meaningful relationships.

Year Levels

Grades 7 – 12

- Age appropriate & tailor made

Available as

- Small or large group options
- Years 7/8, 9/10, 11/12 formats
- Full day retreat/reflection days
 - The most effective format
 - For co-ed groups we offer male/female only sessions as part of the day
- Double lesson
 - eg. 100 minute seminar

Tailor made sessions

- Different lengths
- Different presentation material (with a focus on specific topics)



Parents' & Caregivers' Nights / Staff PD

Educators & parents need regular updating on the challenges facing young people living in a hypersexual digital world.

"thank you for your honesty"

"Amazing, very educational"

"well informed and relevant"

"I'm very thankful for what they shared with us"

Feedback from Parents' Night, Mt. Maria College



“ The feedback from staff professional development sessions was overwhelmingly positive. Staff appreciated being told the very alarming and confronting realities which reinforced the importance of being aware of these topics. Staff found that they were able to relate easily to the presenters and also appreciated the pedagogical 'stepping stones' to help them approach these topics with young people. ”

Lee Herden
Catholic Schools Office
Armidale NSW





Tackling the big issues

More than just another talk on digital citizenship that outlines **what not to do**. Real Talk will provide a seminar experience that truly impacts lives, leaving a lasting impression in a **compelling, interactive** and **personal** way.

Love, respect and dignity

Giving more than just advice, Real Talk will relate these topics back to the human person and how at the heart of healthy tech use is an understanding of life as a gift and seeing each and every person as being created for love, respect and dignity.

Topics covered

- Cyber safety, bullying & cyber harassment
- Sexting & Pornography
- Digital reputation & digital footprint
- Healthy tech use
- Critical literacy
- Impact of the media
- How to always value the 'real' person
- What to do if...

Male only sessions

STRONGER



The idea of what it means to be a real man is much maligned in today's world. We encourage and challenge students to develop their character by making good, and at times hard, decisions. 'Stronger' illuminates the idea that men are defined by the choices they make.

Tackling the big issues like pornography, relationships and bullying, the presentations encourage the participants to be men of character whilst affirming the dignity of women. Like muscles that give physical strength, character and success are propagated through good training and hard work.

'Stronger' calls forth a higher standard for the men of tomorrow.

Female only sessions

Brave & Beautiful



'Brave & Beautiful' highlights the innate value and beauty that every woman possesses. This session works to expose the false portrayal of beauty in today's world while encouraging strength and resilience in women.

Addressing issues such as self-image, the beauty industry, eating disorders and how to recognise true beauty, this session encourages and empowers girls to see the truth of who they are and how God created them to be. It draws forth confidence, maturity and a desire for healthy relationships.

Resources

Student Mini-Mags

A resource for growing self-awareness, good decision making and healthy relationships

'Mini-Mags' provide a fun, informative and interactive medium for students. More than just a resource, 'Student Mini-Mags' include contemporary discussions, quizzes and links to powerful 'Mini Movies'. They serve as a compelling companion that meets the Health and Physical Education, Religious Education and Personal Development curriculum.



Girl Talk

(Middle school, Years 5 – 9)

'Girl Talk' is an eight week identity program specifically designed for preteen girls.

This program takes girls on a journey into womanhood. It covers issues like making good choices, friendships and peers, beauty and more...

The "Girl Talk" resource includes a workbook, DVD and enhanced CD with all the ideas, input and presentations needed to run the program at school, church or home. "Girl Talk" is ideal for middle school.



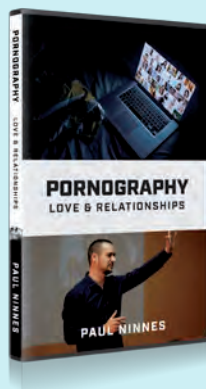
Love, Sex and Relationships

Senior Resource
(Years 9 – 12)



Life, Relationships and You

Junior Resource
(Years 7 – 9)



Pornography, Love & Relationships*

(Video resource for staff & students, Years 10 – 12)

This two-part presentation uses a deeply personal approach to delve into the pandemic of pornography and how it is impacting lives and relationships.

This video is essential viewing for leaders, school staff and older secondary school students and comes with discussion questions for groups.



Relationships: Dating, Sex & Marriage*

(Video resource for students, Years 10 – 12)

A two-part presentation that forms a comprehensive and compelling look at all the big issues. Featuring 10 tips for relationship success, this live seminar leaves no question unanswered.

**Used together, these two resources form a four seminar (4-8 lessons) series that sets young people up for future happiness.*

For enquiries & prices contact us:

Ph: (07) 3368 3561

Email: admin@realtalkaustralia.com

www.realtalkaustralia.com

